

How to use the Mental Health Crisis Breathing Space Portal

Referring someone to the Mental Health Crisis Breathing Space (MHCBS) is really easy.

We have broken down the steps you need to take to start an application.

You can refer someone if:

- they live in England or Wales,
- are receiving qualifying mental health crisis treatment,
- and are in problem debt.

How To Start an Application

Head to
mhcbs.co.uk

Click **Apply now**
to access the
online portal

Click
Login/Register

Create an
account, or log
in if you already
have one

Click
Apply for MHCBS



Find out more at:
mhcbs.co.uk
support@mhcbs.co.uk