

Mental Health Crisis Breathing Space application checklist

Here is a checklist to submit a Mental Health Crisis Breathing Space application, successfully.

If you have a patient that is either:

- Being treated for Crisis Mental Health Care in the community;
- Detained in hospital for assessment under the Mental Health Act 1983; or
- Removed to a place of safety by a police constable under sections 135 or 136

You will need the following details to complete the application process:

Section 1. Patient details

- Name and full home address (if no fixed abode then last known address).
Optional: email address and contact number

Please ensure the patient has given consent to provide their personal details for the application process.

Section 2. Approved Mental Health Professional (AMHP) details

- AMHP name, local authority, email address, and contact number

Make sure you speak to the AMHP to gain agreement that the treatment is qualifying crisis treatment, and advise them that they should expect an email, with the application attached, to confirm and sign.

Section 3. Nominated Point of Contact details

- NPOC name, email address, job role and contact number

Section 4. Details of debts

- Details of any debts such as credit cards, overdrafts, mortgage arrears, utilities, mobile phone, council tax and rent arrears

Visit mhcbs.co.uk to create an application for your patient