

Mental Health Crisis

Breathing Space Checklist

An AMHP must be satisfied that the person is receiving qualifying mental health crisis treatment. This does not necessarily require the AMHP to see the person directly.

If Q1 and Q3 are both **YES**, or both Q2 and Q3 are **YES**, the person will qualify.

Q1. Has the person experienced any of the below?

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|---|--|
| ☒ Detained in hospital for assessment under sections 2 or 4 of the Mental Health Act | ☒ Detained in hospital for assessment or treatment under sections 35, 36, 37, 38, 45A, 47 or 48 |
| ☒ Detained in hospital for treatment under section 3 of the Mental Health Act | ☒ Person removed to a place of safety by a police constable under sections 135 or 136 |
| ☐ Yes, go to question 3 | ☐ No, go to question 2 |

Q2. Is the person receiving treatment from:

- | | |
|---|---|
| ☒ The Crisis Home Treatment Team | ☒ A Community Mental Health Team |
| ☒ A Liaison Mental Health Team | ☒ Any other specialist crisis mental health services |
| ☐ Yes, go to question 3 | ☐ No, the person doesn't qualify |

Q3. Is the person facing financial difficulties that Breathing Space could support (debt, arrears, enforcement action)?

- | | |
|--|---|
| ☐ Yes, the person qualifies | ☐ No, the person does not qualify for this service |
|--|---|

If the individual qualifies visit mhcbs.co.uk to apply